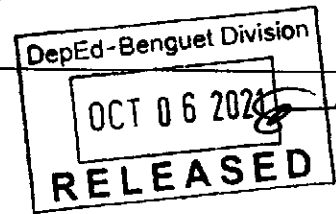




Republic of the Philippines  
**Department of Education**  
**Schools Division Office - Benguet**

04 October 2021



**DIVISION MEMORANDUM**

No. 392, s. 2021

**VIRTUAL ORIENTATION ON REMOTE MENTAL HEALTH AND PSYCHO-SOCIAL SUPPORT  
(MHPSS) PROVISION FOR ELEMENTARY TEACHERS**

**TO:** Public Schools District Supervisors/Districts-in-charge  
Elementary School Heads and Cluster Heads  
Designated Elementary School Guidance Coordinators

1. The Philippine Basic Education has been heavily affected by the Coronavirus Disease 2019 (COVID-19) pandemic as schools and learning centers are closed for the physical conduct of classes. It is also causing massive stress and according to experts, mental health is becoming the next pandemic. The interruption of schooling, limited interaction with friends and limited access to essential support add to learners' stress which negatively impacts their mental health. Therefore, to promote holistic health, DepEd, through the DRRMS and in partnership with UNILAB Foundation, Inc., and Philippine Guidance Counselors Association (PGCA), developed the *Teacher's Activity Guide on Remote Psychosocial Support Through Play for Elementary Learners*. This Teacher's Activity Guide is intended for use of elementary teachers, school heads and non-teaching personnel of DepEd region and SDOs who have been assigned to provide psychosocial support to learners.
2. In line with this, an online orientation on Remote MHPSS Provision for elementary teachers will be conducted this October. (*Exact dates will be announced later*). This activity aims to:
  - a) Enhance teacher's knowledge and understanding on how learners react and cope with disasters and stressful situations;
  - b) Enable teachers to deliver remote psychosocial support (PSS) using facilitated Play Modules; and
  - c) Provide materials that can help learners improve their ability to cope and become resilient.
3. Target participants are elementary teachers, preferably guidance-designates and other PFA providers. Participants are expected to register in this link <https://bit.ly/2YfG8RT> on or before 12 October 2021. The registration link will be closed once the target 300 participants is reached. Those who registered and completed the Orientation will be given 100-peso load to augment their internet expenses, among others.
4. Relative hereto, a planning-meeting with the Division PFA Team and facilitators will be conducted on October 11, 2021 to ensure smooth flow of activities. The Division DRRM coordinator will be contacting the identified PFA Team members and identified speakers/facilitators. It is requested that school heads of concerned facilitators will allow their participation during the planning and actual conduct of orientation.
5. Widest dissemination and compliance are enjoined.

**GLORIA B. BUYA-AO**  
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